THE SELF-DETERMINATION GUIDE

WHERE IN THE EU CAN YOU GET WHAT YOU WANT IN RELATION TO ABORTION, CONTRACEPTION, SURROGACY, ADOPTION AND ARTIFICIAL INSEMINATION?

MORITZ KÖRNER

FOREWORD

Despite the fact that Europe has been leading the global movement towards the liberalisation of reproductive rights for more than 60 years, access to safe and legal abortion, contraception, surrogacy, in vitro fertilisation and egg donation is still not guaranteed in all EU Member States. While some Member States take a very liberal approach in their policies, others continue to maintain strict laws that seem outdated in comparison.

All people in the European Union should have the right to make their own reproductive choices, regardless of where they live, their gender or their sexual orientation. Unfortunately, however, there is still no 'European standard' on reproductive rights. The extent to which a person can or cannot make decisions about their reproductive choices still depends on where they live. At the same time, as EU citizens, all nationals of the Member States of the European Union have the right to move freely within the European Union and to enter and reside in any EU Member State.

This practical handbook therefore aims to inform everyone who is confronted with obstacles to their self-determination within the EU about their rights in relation to abortion, contraception, surrogacy, adoption and artificial insemination in all 27 Member States.

Moritz Körner Member of the European Parliament



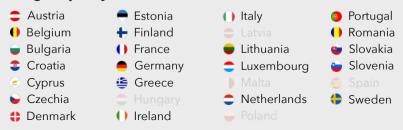
WHERE IN THE EU CAN YOU GET WHAT YOU WANT IN RELATION TO **ABORTION**, **CONTRACEPTION**, **SURROGACY**, **ADOPTION** AND **ARTIFICIAL INSEMINATION?**

TABLE OF CONTENTS

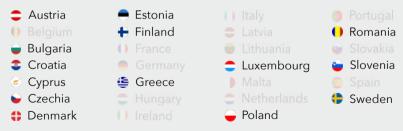
Ι.	ABORTION	6
II.	CONTRACEPTION	8
.	ARTIFICIAL INSEMINATION	10
IV.	SURROGACY	12
V.	ADOPTION	13
	CONTACTS	14

I. ABORTION

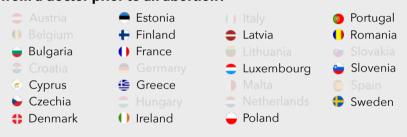
In which EU countries is abortion generally possible WITHOUT having to specify reasons?



In which EU countries are there NO mandatory waiting periods for abortion on request (mandatory time that has to elapse between the date on which an abortion is first requested and the date on which it takes place)?



In which EU countries is there NO requirement to undergo mandatory counselling or receive mandatory information from a doctor prior to an abortion?



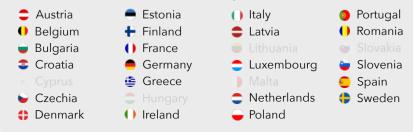
In which EU countries can an abortion on request be performed after the 16th week of pregnancy?

- Netherlands (up to 22 weeks)
- Sweden (up to 18 weeks)

In which EU countries can an abortion be performed after the time limit has expired, for socio-economic reasons (such as age, marital status or financial situation)?

😂 Austria	💻 Estonia		
🕕 Belgium	🖶 Finland		🕒 Romania
	() France		
🍣 Croatia	🛑 Germany	掌 Luxembourg	
	👙 Greece	🌗 Malta	
🦢 Czechia		😂 Netherlands	
🛟 Denmark		🥃 Poland	

In which EU countries are abortion pills available?



In which EU countries is prior authorisation NOT required from a parent, guardian, doctor or other official before women under the age of 18 can access abortion care?

🛟 Sweden 🗧 Austria

II. CONTRACEPTION

In which EU countries are birth control pills and hormone patches available WITHOUT a prescription?



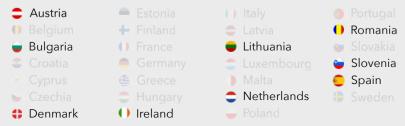
In which EU countries are birth control coils available WITHOUT a prescription?

🚔 Estonia	() Italy	
🕂 Finland		🕕 Romania
() France		
🛑 Germany	掌 Luxembourg	
🖨 Greece	🕨 Malta	
	🚍 Netherlands	
	🥃 Poland	
	- Foland	
	 Finland France Germany Greece Hungary 	 Finland Latvia France Lithuania Germany Luxembourg Greece Malta Hungary Netherlands

In which EU countries are emergency contraceptives ('Morning-After Pill') available WITHOUT a prescription?

 Estonia Finland France Germany Greece Hungary Ireland 	 Italy Latvia Lithuania Luxembourg Malta Netherlands 	 Portugal Romania Slovakia Slovenia Spain Sweden
() Ireland	🚽 Poland	
	 Finland France Germany Greece Hungary 	 Finland France Germany Greece Hungary Latvia Latvia Lutembourg Malta Netherlands

In which EU countries is prior authorisation NOT required from a parent or guardian for women aged between 16 to 18 to have access to contraceptives?



In which EU countries is there NO minimum age for accessing contraception?

🛑 Austria	💻 Estonia	🕕 Italy	🧿 Portugal
🌔 Belgium	🖶 Finland	😄 Latvia	🕒 Romania
	() France		
🍣 Croatia	🛑 Germany	<table-cell-rows> Luxembourg</table-cell-rows>	
🥃 Cyprus	🖆 Greece	🌗 Malta	
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		🚽 Poland	

III. ARTIFICIAL INSEMINATION

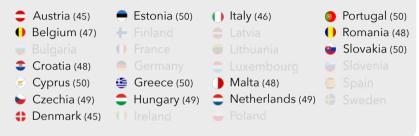
In which EU countries are there NO special requirements for accessing artificial insemination?



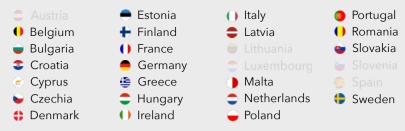
In which EU countries can single persons have access to artificial insemination?

🛢 Austria	💻 Estonia		🧿 Portugal
🕕 Belgium	🖶 Finland		🕒 Romania
🔵 Bulgaria	() France		
💲 Croatia	🛑 Germany	掌 Luxembourg	
🥑 Cyprus	👙 Greece	🌗 Malta	🗧 Spain
🥌 Czechia	韋 Hungary	🗢 Netherlands	<table-cell-rows> Sweden</table-cell-rows>
🛟 Denmark	() Ireland	🚽 Poland	

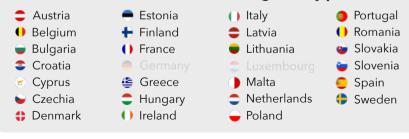
In which EU countries is artificial insemination available after the age of 45 (and up to what age)?



In which EU countries are there NO special requirements for women who want to freeze their eggs (e.g. prior authorisation or medical necessity)?



In which EU countries is ovum donation generally possible?



IV. SURROGACY

In which EU countries is altruistic surrogacy possible?

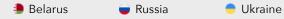
🚔 Estonia		🧿 Portugal
🕈 Finland	韋 Latvia	🌔 Romania
() France		😉 Slovakia
🛑 Germany	늘 Luxembourg	
👙 Greece	🕨 Malta	📀 Spain
	🗢 Netherlands	
() Ireland	🥃 Poland	
	 Finland France Germany Greece Hungary 	 Finland France Germany Luxembourg Greece Malta Hungary Netherlands

In which EU countries are single persons allowed to access altruistic surrogacy?

🛢 Austria	🚔 Estonia		🧿 Portugal
🕕 Belgium	🕂 Finland		🕒 Romania
	France		
Croatia	🛑 Germany	掌 Luxembourg	
🥑 Cyprus	👙 Greece	🌗 Malta	
🧉 Czechia		🗢 Netherlands	
		🚽 Poland	

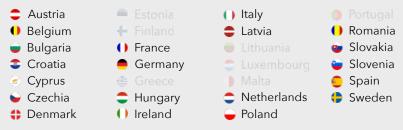
In which EU countries is commercial surrogacy available?

No country in the European Union allows commercial surrogacy. In continental Europe, commercial surrogacy is possible in:



V. ADOPTION

In which EU countries is there NO maximum age for adopting children?



In which EU countries can same-sex couples JOINTLY adopt children?

🛢 Austria	🚔 Estonia		🧿 Portugal
🕕 Belgium	🕂 Finland		🕒 Romania
	() France		
🍣 Croatia	🛑 Germany	章 Luxembourg	🍯 Slovenia
	🖨 Greece	🜗 Malta	📀 Spain
🥌 Czechia		🗢 Netherlands	🐤 Sweden
🛟 Denmark	() Ireland	🍚 Poland	

CONTACTS

韋 Austria		erreichische Gesellschaft Familienplanung		oegf.at
🕕 Belgiur	The	Fédération Francophone Belge pour l nning Familial et l'Education Sexuelle	е	planningfamilial.net
🔵 Bulgari	a The Sex	Bulgarian Family Planning and ual Health Association		safesex.bg
Croatia	Cer	ntar za edukaciju, savjetovanje i istraživa	anje	cesi.hr
🥑 Cyprus	The	Cyprus Family Planning Association		familyplaning.org.cy
旨 Czechi	a Spo	plečnost pro plánování rodiny a sexuáln	ní výchovu	planovanirodiny.cz
🛟 Denma	rk Sex	& Samfund		sexogsamfund.dk
🛑 Estonia	Ees	ti Seksuaaltervise Liit		seksuaaltervis.ee
🖶 Finlanc	Väe	stöliitto		vaestoliitto.fi
() France	Мо	uvement Français pour la Planning Fam	nilial	planning-familial.org
🛑 Germa	ny Pro	Familia		profamilia.de
🔮 Greece	e Pro	sexo.gr		prosexo.gr
<table-cell-rows> Hunga</table-cell-rows>	ry Pate	ent		patent.org.hu
() Ireland	The	Irish Family Planning Association		ifpa.ie
🕕 Italy	La	/ita di Donna		vitadidonna.it
😑 Latvia		e Latvian Association for Family nning & Sexual Health		papardeszieds.lv
🛑 Lithuar	iia The Ass	e Family Planning and Sexual Health ociation of Lithuania		tavogyvenimas.lt
<table-cell-rows> Luxeml</table-cell-rows>	oourg Plan	nning familial		pfl.lu
🌗 Malta	Sex	ual Health Malta		sexualhealth.gov.mt
🔵 Nether	lands Rut	gers		rutgers.nl
🗕 Poland	Fec	leration for Women and Family Planning	9	federa.org.pl
🧿 Portuga	al Ass	ociação Para o Planeamento da Família	a	apf.pt
🕕 Roman	ia Soc	ietatea de Educatie Contraceptiva si Se	exuala	secs.ro
🌚 Slovaki	a Spo	oločnosť pre plánované rodičovstvo		rodicovstvo.sk
늘 Sloven	ia Žer	nski lobi Slovenije		zenskilobi.si
📀 Spain	The	e Federación de Planificación Familiar d	le España	fpfe.org
🐤 Swede	n Riks	sförbundet För Sexuell Upplysning		rfsu.se

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